



## HELIOS HR<sup>SM</sup>

### **Kathy Albarado, SPHR President & CEO**

Kathy Albarado founded Helios HR, an award-winning human capital management and recruiting firm, with a commitment to aid companies in solidifying strong human resource practices that build and enhance their corporate culture. With 25 years of progressive human capital management experience, she works with executives to help them establish a culture of intention--a culture that allows them to attract, retain and engage exceptional teams. Helios is known for helping their clients scale to their next stage of growth. Kathy and her team have helped launch and grow hundreds of organizations

ranging from start-ups to Fortune 500.

As part of Kathy's passion for building a culture of intention, she established the Helios Apollo Awards™ to recognize Greater Washington employers for exceptional HR practices. After celebrating the 10 year anniversary and building a community of thousands of local leaders in 2016, Helios created the Human Capital Impact Forum - a place where CEOs and HR Leaders come together to impact business growth. Additionally, Helios has published *Building a Culture of Intention* and the *Guide to HR Administration*, published by Thompson Publishing.

Kathy is Chairman of the Small Emerging Contractor's Advisory Forum (SECAF) and is an executive committee member on the following Boards: Northern Virginia Chamber, The Leadership Center, LEAD Virginia, the Girl Scouts Council of the Nation's Capital, and is a founding Board member of George Mason University's School of Business, Women in Business Initiative. An Alumni of GMU, Kathy holds her B.S. in Psychology and her M.A. in Human Resource Management and is certified as a Senior Professional of Human Resources (SPHR).

Renowned for her commitment to leadership and the local community, Kathy has been featured on television, radio and quoted in numerous media publications including The New York Times, Forbes, The Washington Post, and The Washington Business Journal. The Helios team was recognized with the National Capital Business Ethics Award, SmartCEO's Corporate Culture Award, and Northern Virginia Family Service's CARE Awards. Kathy most recently was named SECAF Advocate of the Year and Executive of the Year by the Northern Virginia Chamber of Commerce.