

Cathy is a Partner with Human Capital Advisors and leads our executive and leadership coaching practice, providing a range of coaching services for executives and leaders in emerging and Fortune 500 companies, government agencies, and associations. She's a 20-year veteran of the high-technology industry and corporate America, having led sales and marketing, high level consulting, systems integration and information technology innovation initiatives. Her corporate experience included managing national consulting practice groups, area-wide support and services organizations, and direct and distribution sales organizations. She started her own company in 1995 and was a trailblazer in offering executive coaching to companies, non-profits, and government agencies. She served as a consultant and an executive with a regional leadership group and think tank which raised the profile of the greater Washington region as an entrepreneurial, technology-driven economy.

Cathy is a longtime member of the Northern Virginia Chamber of Commerce, and has served many years on the Board of Directors and executive committee; she is a decade club member. She Co-Chairs the Non Profit Council, focused on accelerating the growth of this important socio economic sector in Northern Virginia. She conceived and implemented the Chamber's Women's Business Council with the initiation of very popular "Power of Series" and in 2010 was given the Chairman's award for her leadership. She is an appointed commissioner to the Fairfax County Economic Development Authority and serves as Chairman. She was appointed to the Northern Virginia Family Service in 2017 and serves on the Marketing committee. She is Chairman of Fairfax Futures, an initiative focused on school readiness. She is an alumnus of the Board of Directors and Executive Committee of the Northern Virginia Community Foundation where she served for 9 years. She is a member of the 2011 Class of Washington Business Journal Women Who Mean Business. She is a graduate of Georgetown University and a 40 year resident of Northern Virginia.